

weight, calories, and your pet



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Ideal dog weights		Ideal cat weights	
Breed	Weight	Breed	Weight
Beagle	26-31 lbs.	Domestic cat	8-10 lbs.
Boxer	53-70 lbs.	Maine coon	11-15 lbs.
Dachshund	less than 16 lbs.	Persian	10-11 lbs.
German shepherd	70-95 lbs.	Siamese	5-10 lbs.
Golden retriever	55-75 lbs.		
Labrador retriever	55-80 lbs.		
Miniature schnauzer	11-15 lbs.		
Miniature poodle	11 lbs.		
Shih Tzu	8-18 lbs.		
Yorkshire terrier	8 lbs.		

Daily caloric needs

10-lb. cat	275 calories
10-lb. dog	300 calories
20-lb. dog	500 calories
50-lb. dog	1,200 calories

Your pet is at a healthy weight if ...

- ✓ Ribs are easily felt
- ✓ Stomach doesn't sag
- ✓ Waist is easily noted when viewed from above

Your pet is overweight if ...

- ✓ Ribs are difficult to feel under the fat
- ✓ Stomach sags—you can grab a handful of fat!
- ✓ Back is broad and flat
- ✓ Waist is barely visible or absent

SOURCE: Dr. Ernest E. Ward Jr., owner of Seaside Animal Clinic in Calabash, N.C. **firstline**

weight, calories, and common pet treats

	Calories		Calories
Milk-Bone		Chew-eez Chew Sticks (Hearty Beef)	22
Original	10	Chew-rific Twist'ems	
Puppy Biscuits	10	Beef & Cheese	45
Small Biscuits	20	Bacon & Cheese	45
Medium Biscuits	40	T Bonz	
Large Biscuits	115	Sizzlin' Steak	42
Extra Large Biscuits	225	Sizzlin' Steak & Bacon	42
Gravy Bones		Tiny TBonz Steak	18
Small/Medium	35	Purina One	
Large	80	Adult Biscuits	
Flavor Snacks		Beef & Rice	33
Small/Medium	20	Lamb & Rice	30
Large	80	Large Breed (Chicken & Rice)	84
Super Premium Chicken & Rice	10	Healthy Weight (Turkey & Rice)	26
Mar-O-Snacks treat	30	Purina Pro-Plan	
Grillin' Bites		Adult Biscuits (Beef & Rice)	35
Beef Steaks	30	Large Breed Biscuits (Chicken & Rice)	87
Chicken Drumsticks	25	Pedigree	
Purina		BreathBuster	
Beggin' Strips		Small	28
Bacon	30	Regular	49
Cheese & Bacon	30	DentaBone	
Beef & Bacon	30	Small	105
Beggin' Littles (Bacon)	7	Medium	188
Beggin' Wraps		Large	300
Bacon & Beef	18	DentaStix	
Bacon & Cheese	18	Small	49
Busy Bone		Regular	70
Chew treat dental		JumBone	
Small/Medium	309	Small	297
Large	600	Large	624
Chewbone		MarroBone	39
Small/Medium	309	Puppy Trainers	5
Large	618	Pup-Peroni	24
Chew-eez Chew Strips		Snausages	25
Savory Chicken	60		
Hearty Beef Basted	60		
Chew-eez Beefhide Rolls w/Tasty Middles			
Small	171		
Savory Chicken Large	211		

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